

Dear potential West 7s player,

Tryouts for the 2008 West 7s team will occur June 28-29 in Denver, CO.

The selection process will include fitness testing and tournament play on Saturday, June 28th. 21 players will be selected based on tournament play for a selection camp on Sunday, June 29. Teams are invited from all regions of the West. If you are interested in trying out, but will be unable to come to the tournament with a team, you will be placed on a team. You may also participate in the tournament without trying out for the West 7's team. Tournament entry fee is \$75.00 per team.

The 2008 West Women's 7s coaching staff includes Laura Hertel and Jules Lehman.

- Laura Hertel has 18 years rugby playing experience including West 15s, West 7s and player pool national 15s. Coaching experience includes ERRFU backs coach and Glendale Raptors backs specialist.
- Jules Lehman has 15 years of rugby playing experience including West 15s, West 7s, Atlantis 7s and player pool National 7s team.

Paula Bailey will serve as team manager. National 7s team coach Julie McCoy will be assisting with the player selection camp on Sunday, July 28.

Players must be available the following dates for West 7s play:

- Chicago 7s tournament July 19-20
- 7s ITTs in Pittsburgh August 22-24

Please contact Laura Hertel at (see contact information below) with your interest in participating in West 7s. We will provide additional information concerning tournament and camp details.

Thank you in advance,

Laura Hertel  
hertellmh@hotmail.com  
303-455-2616

Julie Lehman  
juliedukat@hotmail.com  
303-781-3670

Paula Bailey  
paulabailey@alpsinc.com